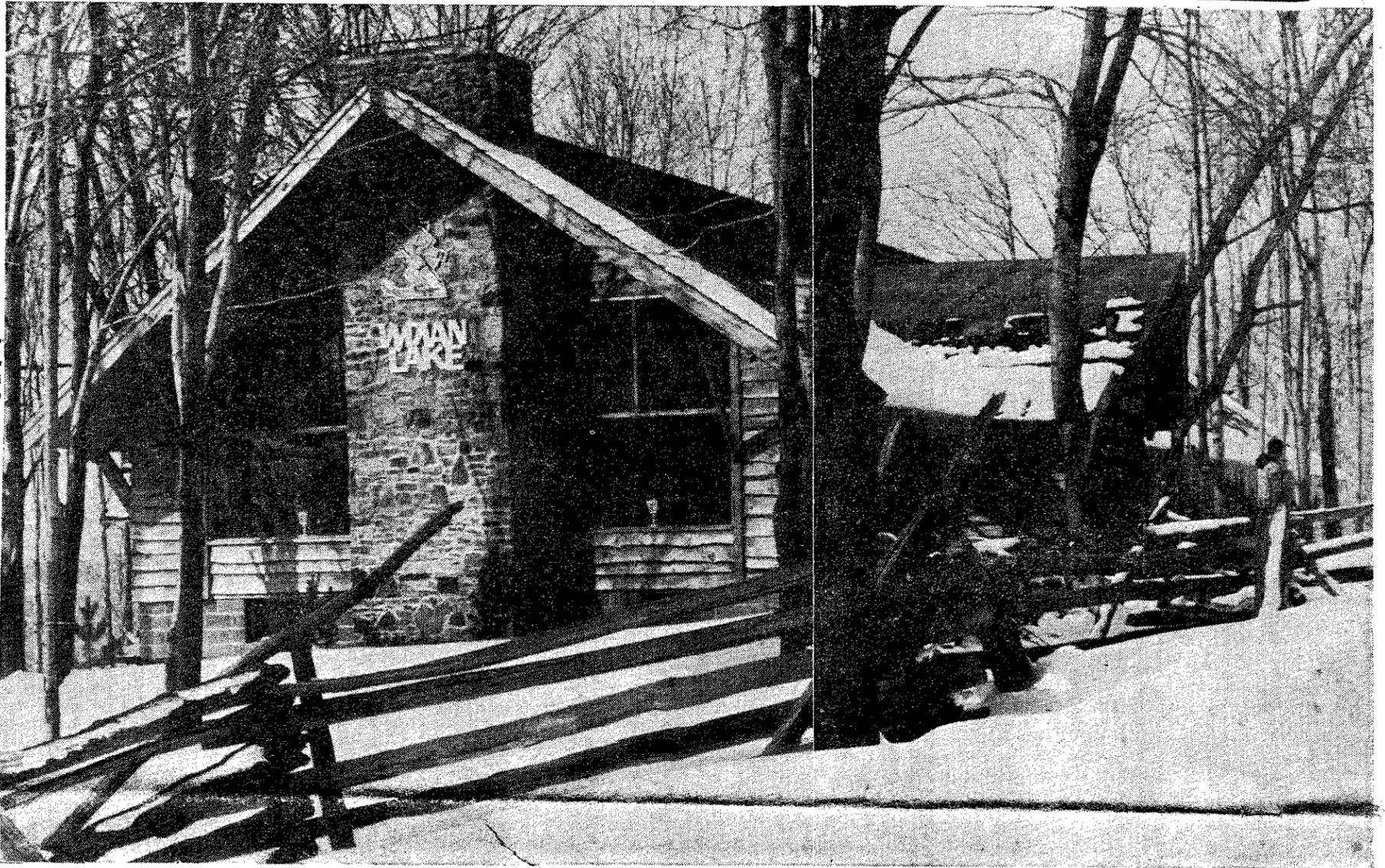


SOMERSET

Recreation REVIEW



INDIAN LAKE LODGE — The newly built lodge at the Indian Lake Reservation is the center of social activities and sports at the new recreation development located near Buckstown. This lodge is only one of many points of interest at the area which was started only two years ago.

Indian Lake Development Is Growing Fast

By **RON BRUNER**

Growing, and fast, is about the only way to describe the recreational development known as Indian Lake near Buckstown. In less than two years, a lake has been built, a lodge erected, golf course and ski slopes developed and numerous cottages and homes constructed.

Indian Lake Reservation is the second phase of a multi-million dollar private development being carried out by Allegheny Mountain Lakes, Inc., of Somerset. The first phase was the construction of Lake Stonycreek which is located just downstream from Indian Lake. Work on Lake

Stonycreek was started in 1959 and completed in 1961.

Physical construction of Indian Lake started in 1962 and at this time the 750 acre lake with nearly 20 miles of shoreline is within about three and a half feet of being full.

Center of Activities

The lodge overlooks the lake and is the center of activities for skiers, golfers and skaters. It contains a large dining room, a lounging area, and a place for spectators to watch the ski slopes on the main floor. Downstairs is a ski rental shop and golf pro shop, club room, and offices. Plans call for expansion of the lodge for locker rooms.

From the lodge, the five ski slopes ranging from 1,200 to 1,800 feet in length lead down the hillside toward the lake. Slopes are designed for the beginner as well as the intermediate and the expert. A new poma lift and rope tow carry the skiers back to the top.

Slopes Reserved

The slopes are reserved every Saturday and Sunday for use by members only. The runs are illuminated by over 50,000 watts of electric flood-lamps to provide night skiing.

Near the lodge and slopes is an ice skating pond and sled riding area for the

children.

Winter sports are only part of the story at Indian Lake. A nine-hole golf course next to the lodge will be open this spring along with a new driving range. Provisions have also been made to add a back-nine at a later date.

With a 750-acre lake at the doorstep of every cottage and house, it is only a few steps to enjoy swimming, boating and water skiing. Although there are no restrictions on the size or horsepower of outboard powered boats, safety regulations and state boating laws will be rigidly enforced.

Trout Stocked

Ten thousand rainbow trout

breeding stock were transferred to the lake in the spring of 1963 and a marine biologist supervises the lake and its tributary streams to insure good fishing. The lake is operated as a private fish lake under license from the Commonwealth of Pennsylvania.

When a person purchases a lot he automatically becomes a member of the Indian Lake Association which entitles him to the use of the various facilities including the lodge, ski slopes and golf course.

Eight chalets, out of a total of 24 that are planned, have been erected. Each unit will accommodate from two to six people. Guests using the chalets have the same privileges as members during their stay.

Strict Rules

Although at many lake developments cottages and summer homes are built right at the water's edge and many times overhang the water, strict rules to which all lot owners subscribe, prohibit the building of any structure closer than 70 feet from the shoreline.

The 1,500 building lots have been arranged in an unusual cluster arrangement. Each cluster contains 11 lots, only four of which front on the lake. The remainder lie back from the water behind a two or three acre common that is jointly owned and used by the owners of the lots. Access to each lot is had from a perimeter road that runs over 600 feet back from the wooded shore.

The water supply is from deep wells with lines running to each lot. Strict specifica-

tions for the disposal of wastes from the cottage areas assure owners and their guests of an abundant supply of pure mountain water and that the waters of Indian Lake will not become polluted.

Indian Lake Reservation was officially opened to the public on Feb. 14, 1963, when an informal preview of the area was given. Dr. Maurice K. Goddard, secretary of the Pennsylvania Department of Forests and Waters addressed the gathering in the ski lodge.

The lake itself is the largest man-made body of water ever built in Pennsylvania by private capital other than power reservoirs. A dam 100 feet high and an eighth of a mile long backs up water to a maximum depth of 65 feet with an average depth of over 20 feet and a shoreline of 19 miles.

Y-Shaped Valley

It is set in a Y-shaped valley 13 miles east of Somerset near the village of Buckstown and on the western slope of the main ridge of the Allegheny Mountain range. The reservation covers 3,000 acres and is adjacent to some 20,000 acres of open mountain land.

As mentioned earlier, the Indian Lake Reservation is the second phase of this project.

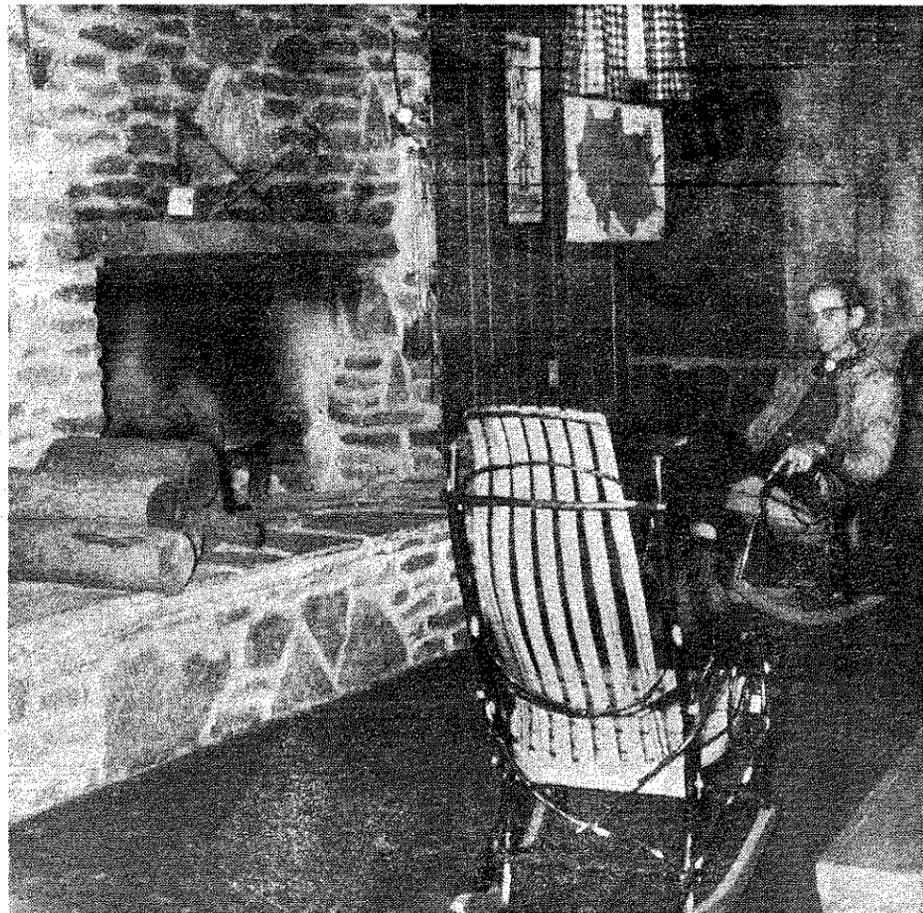
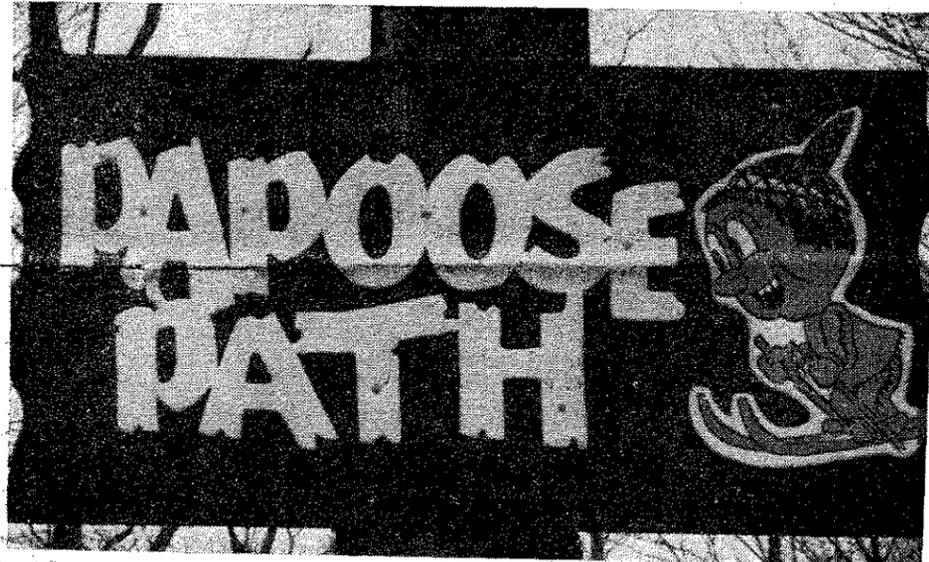
Third phase of the development is the construction of an 18-hole golf course and a convention hotel on the peninsula which extends out into the lake. This phase is expected to be completed within the next three years.



Y-SHAPED VALLEY — This map shows Indian Lake situated in a Y-shaped valley with Lake Stonycreek directly below the breast of the dam.



APPROPRIATE SIGNS — Appropriate use of Indian Lake Reservation theme is evident in these signs. The names and figures on the signs indicate whether the ski slopes are for experts, intermediates or beginners. Indian names are also used for the designation of lot areas surrounding the lake. The "Indian Reservation" theme is also used extensively in the many brochures and maps published by Allegheny Mountain Lakes for promotion purposes.



CLUB ROOM — There is always an empty chair in front of the fire place in the club room waiting for the weary skier or golfer after a long day out-of-doors.



LAKE FRONT COTTAGE — This is just one of the many cottages and summer homes that have been erected around the lake.

Project Is Cooperative Effort

The development of Indian Lake is the result of a cooperative effort by several business firms and individuals. Allegheny Mountain Lakes, Inc., the corporation which is developing the area, grew out of a successful association of its various stockholders in other enterprises.

The Neilan Engineers, Inc., of Somerset, a large general engineering firm with many years of experience in the design of water and sewerage facilities, dams, airports,

highways and public and private roads, designed all the dams on Lake Stonycreek and Indian Lake along with the lot development, roads, water systems and buildings.

Construction
All of the construction on the concrete spillways and the actual construction of the lodge and other facilities in the development was done by William G. Baltzer and Son, Inc., of Shanksville, a father and son partnership with many years of experience in

this type of work. Robert G. Long, Centra City, R.D. 1, who owns and operates all kinds of heavy equipment, directed the work at the lakes. Mr. Long has spent over 20 years in earthmoving business. All of the earthmoving involved in building the dams and excavations at Lake Stonycreek and Indian Lake were either done by Mr. Long or under his supervision.

Mapping Information
Somerset Aerial Survey Inc., of Somerset, gathered and compiled all of the basic mapping information used for the Indian Lake Development. Glenn Boyer, associated with both Allegheny Mountain Lakes and Aerial Surveys, did much of the aerial photography for the mapping. Officers of Allegheny Mountain Lakes, Inc., are: William D. Baltzer, president; James H. Neilan, vice president, and James W. McIntyre, secretary.



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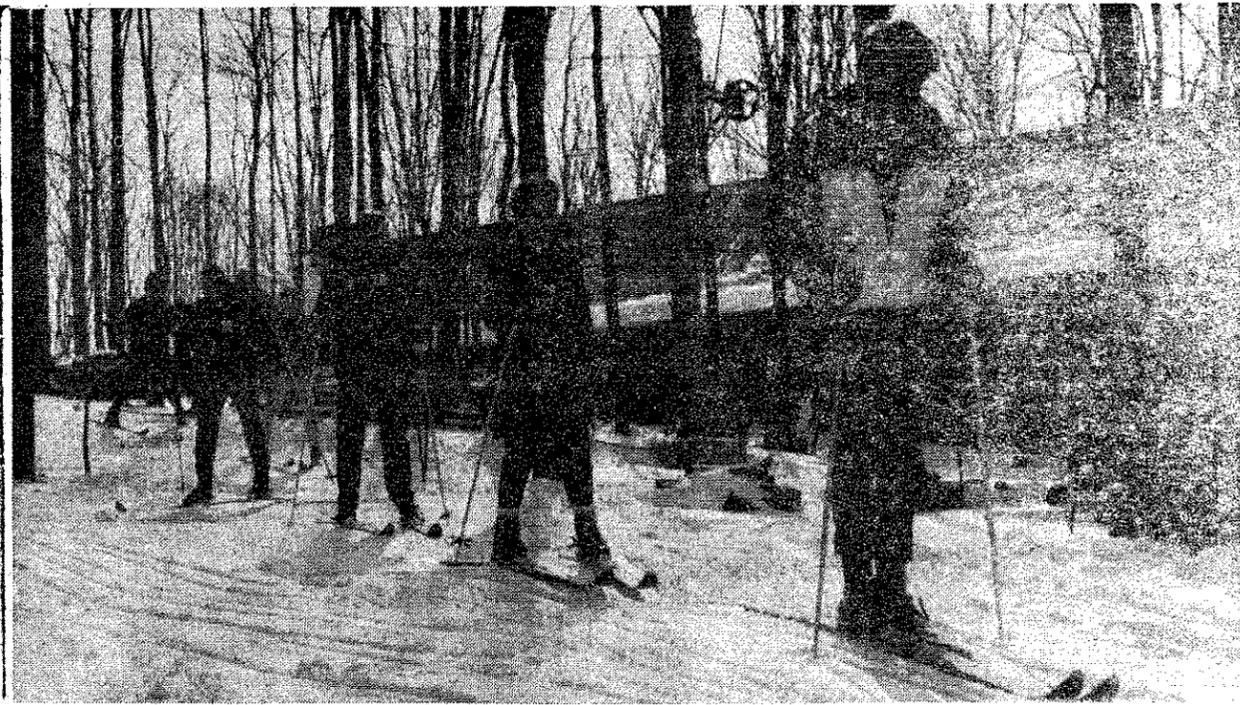
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FIRST LOOK — These skiers are about to take a look at how the gates are arranged for the next race as they follow each other down the course.



SO FAR SO GOOD — This skier was practically a blur as he whizzed past during one of the races.



GOING DOWN — The snow almost hides this skier after he fell going through one of the gates in a race.

First Ski Races Held

The first ski races were held at Indian Lake ski slopes last Sunday with a total of 62 entries in the various events.

After a number of spills and near-spills, the judges announced the winners in each division. This was the first race for many of the skiers entered in the races.

The winners in each division are listed, followed by the runners-up:

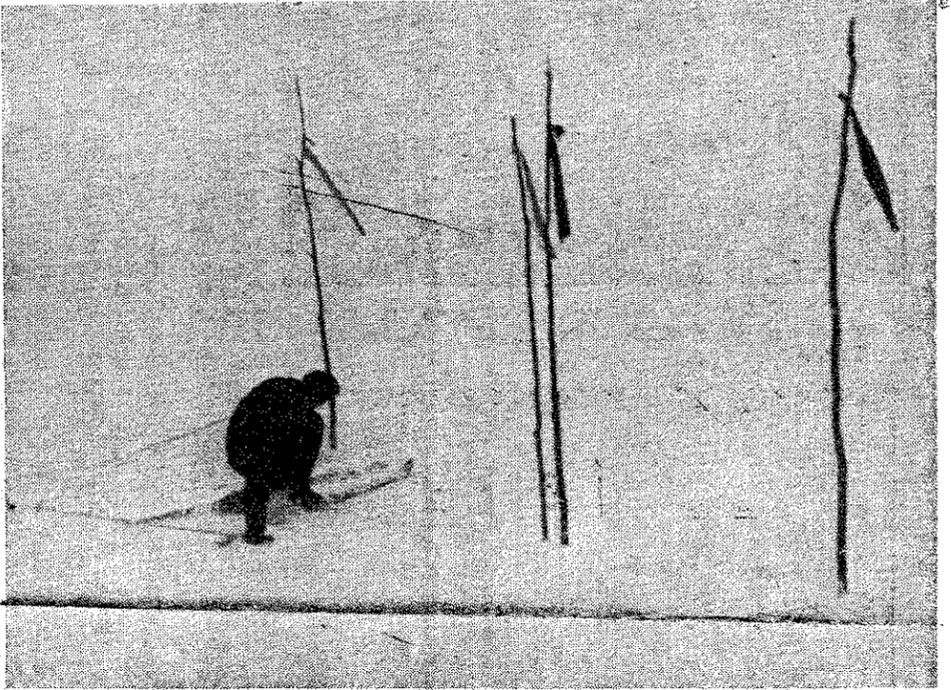
Giant Slalom
Men's Novice Class — Bill Collingwood, Barry Long.
Women's Novice Class — Kerry Lee McIntyre, Linda Stoddard.

Men's Intermediate Class — Robert Vanyo, Robert Bar-ron.

Women's Intermediate Class — Mary Margaret Neilan, Mary Hlatky.

Senior Expert Class — Larry Swenson, Richard Moors.
Junior Expert Class — Ricky McIntyre, Doug Baltzer.

Best Skier In The Club — Chris McIntyre, men; Barbara Neilan, women; and Doug Baltzer, junior.



ALMOST — This skier almost made it through this series of gates but is just falling and knocked down one of the poles after the picture was snapped.

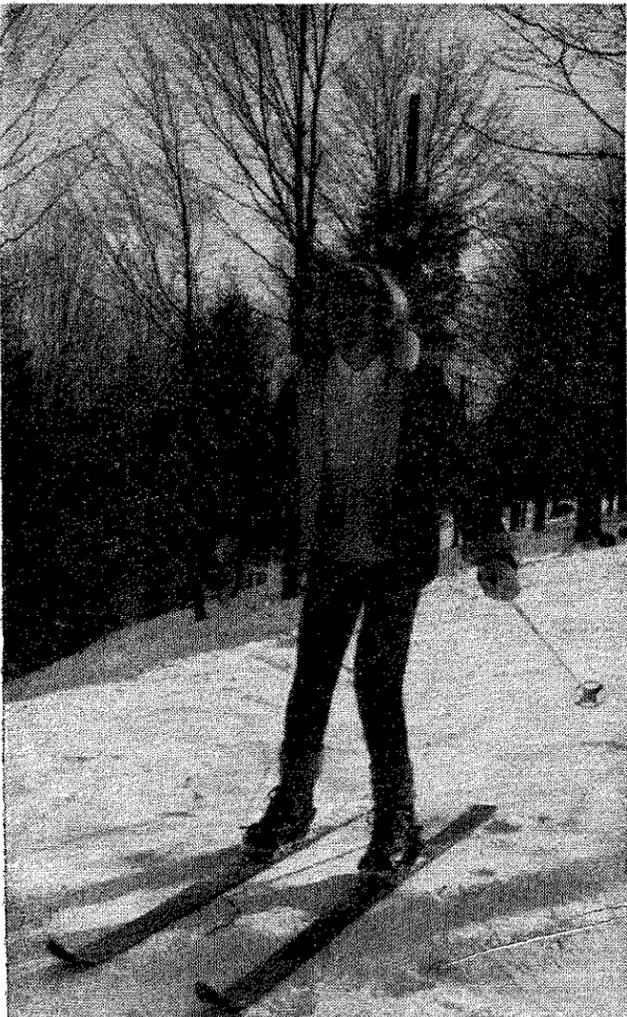
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Hilltop Motel 850 E. Main St. Somerset 445-2774	White Star Hotel Jennerstown 12 Miles to Laurel Mt. Ski Slopes Boswell 629-5605	Tiberi's Motel & Cocktail Lounge All Rooms Private Entrance & Bath 571 E. Main St. Somerset Phone 445-7577
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Green Gables Route 53 & 219 — S. of Jennerstown Phone Boswell 629-9421	Pete's Hideaway "The Skiers Nightclub" Friedens R.D. 2, Rt. 53 North Phone 445-9941
Laurel Hill Restaurant New Lexington Junction of Route 53 & 653 Phone Rockwood 4462	Ratsy's Restaurant Spaghetti-Pizza or Your Favorite Beverage Rt. 219, 2 Miles N. of Somerset Phone 445-4477
L&N Restaurant 6 A.M. 'till 9 P.M., Fri. & Sat. 'till 10 209 W. Main St. Somerset Phone 445-9938	Summit Diner Rt. 219 at Turnpike Entrance Open 24 Hours
Patrician Room Roof Garden Motor Hotel Breakfast & Lunch 7:00-2:00 Dinner 5:30-9:00 Phone 445-6521	Morin's Lounge Good Food — All Beverages 1/2 Miles N. of Somerset on Rt. 219 Phone 445-6365

Skiing's Popularity Increases



ON HER WAY — This young lady is on her way down one of the trails at the ski slopes at Indian Lake.

People of all ages in nearly every country where there is mountainous terrain enjoy the unique appeal of skiing. It is one of the few sports that enable man to move at high rates of speed without any power-producing device.

In its simplest form, skiing is sliding down a snow-covered slope on a pair of long, slim runners called skis. In its most advanced form, skiing is a highly skilled sport in which expert performers can streak down a mountain trail at more than 60 miles an hour, soar through the air for several hundred feet, or make lightning-quick turns through a flag-marked obstacle course.

The ultimate goal of all recreational skiers is grace and control under all terrain and snow conditions. The dynamic appeal of skiing lies in the constantly changing, infinite variety of snow conditions and in the challenging demand for self-improvement in a skill that has no ceiling.

Fast-Growing Sport

Skiing is one of the fastest-growing sports in the world. It attracts an estimated five million active participants in the United States and Canada. Each year thousands of beginners throng to hundreds of organized ski areas, where professional instructors teach the basic techniques of walking, climbing, gliding down-

hill, and executing turns.

The sport is also a big business and ranks with golf in sales of equipment, clothing, and accessories. Annual expenditures in the United States are estimated at more than 335 million dollars in equipment and accommodations.

Several reasons account for the rapid development of skiing in the United States both as a major recreation and as an industry. The expanding economy has resulted in more money for most people. In addition, people have more leisure time than ever before.

Skis are usually about three inches wide and vary in length from about three feet to more than seven feet. In recent years the trend has been toward shorter skis. Because short skis are easier to handle, they are better for beginners. Most experienced skiers prefer longer skis, usually a foot longer than the height of the skier, because they are steadier when running at relatively high speeds.

All skis except those used in jumping and cross-country have hard steel edges along the running surface for better control. Before 1950 skis were made only of wood, usually hickory. In that year came a history-making breakthrough when Howard Head, a Baltimore aviation engineer, developed the world's first successful metal ski. His design is actually a metal sandwich. Laminated edge-grain plywood is the core between layers of airplane aluminum alloy. Tops and bottoms are of tough phenolic plastic.

The Head ski had considerable impact on the growth of the sport because it was easier to turn.

Ski Lifts

A variety of motor-driven ski lifts is found at major ski areas. They make it possible for skiers to enjoy many more hours of downhill skiing than if they had to climb for each run.

The simplest type of ski lift is the rope tow, consisting of an endless loop of rope around pulleys. The skier grasps the rope, and it hauls him up the hill. Aerial tramways, gondola cars, and chair lifts are examples of conveyances suspended from moving cables. The world's first successful chair lift was placed in operation in 1936, on Dollar Mountain, at Sun Valley, Idaho. The highest ski life in the world is in Venezuela. It rises from 5,173 feet in the town of Merida to a

height of 15,800 feet on Pico Espejo. The T-bar is found at most ski areas. This device resembles a pickax trailing from the cable. The skier leans against the "T" with one hand on the upright as he moves up the hill.

Learning How To Ski

Age is no barrier in learning how to ski. There are skiers who are as young as 4 and as old as 80. It is not necessary to be a muscular athlete. Ski instructors say that almost anyone who can walk can learn how to ski.

Like most sports, skiing must be learned step by step and requires proper training and practice. The best way for a novice to learn how to ski is to take lessons from a certified ski instructor. In addition to teaching the correct techniques, a qualified instructor will indoctrinate the beginner in the importance of skiing safely. If the skier is taught how to ski under control at all times and to follow the generally accepted rules of safety, the risk of causing injury to himself or to other skiers is greatly reduced.

All instructional systems have the same goal—to teach skiers how to execute turns in order to change direction and control speed. Basic to all intermediate and advanced turning techniques is the principle of unweighting—the momentary removal of weight from the skis to permit the sideslipping movement of the ski tails essential to executing a high-speed turn. Unweighting is accomplished by an up-down movement through alternately bending and straightening the knees and ankles.

Arlberg System

The first practical teaching method was the classic Arlberg system, which was developed by Hannes Schneider of St. Anton, Austria. This system starts with the snowplow, a fundamental maneuver for controlling speed or executing turns at slow speeds. As the beginning skier progresses, he learns how to stem turn. Exaggerated body rotation and stemming action of the skis are the chief characteristics of the Arlberg system.

Although many skiers rely on the Arlberg system, modern teaching methods emphasize extreme rotation and place more stress on sideslipping, edge control and a flexing action of legs. An increasingly popular skiing technique in recent years is called reverse shoulder. The lower leg twists in opposition to the upper leg, giving a reverse-shoulder appearance.

Advanced Ski Styles

An advanced ski style is the wedeln, an Austrian word describing a series of sidelinked turns down the line of a slope with ski parallel position. This style also known as shortswing cause of the short, swivel motion of ski tails from side to side.

There will probably always be controversy over the various ski-style theories, as skiers are constantly seeking perfection of form. What distinguishes the advanced skier from the beginner is his ability to keep his skis together throughout a turn, eliminating the stemming action

(The above article has been reprinted with the mission of Compton's Encyclopaedia.)



GUEST CHALETs—These unusual chalets are located near the lodge and are rented to guests for short periods of time.



SPECTATOR'S VIEW — This is a spectator's view of the skiers — through the icicles. Looks like the skiers are having more fun than those watching from inside of the lodge.

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